

## Table of Contents

### Opening Statement

They Don't Give Us Divorce Lessons  
Our Plan for Your Divorce

### SECTION I – Your Divorce: What You Are up Against

#### Chapter 1 – We Can Work It Out

Why Can't We Just Settle the Divorce Ourselves?  
An X-Ray of the Problem  
Just the Facts, Ma'am  
We've Been Using the Wrong Fork

#### Chapter 2 – Who Stole the Cow?

Lead Us Not into Litigation  
The Brutal Truth  
The Way We War  
Call Your First Witness

### SECTION II – The New Divorce – More Cooperation and Less Litigation

#### Chapter 3 – Divorce Court is No Place for a Divorce

*Habeas* Court-less  
Our Bottle of Nitroglycerin  
What is Cooperative Divorce Law?

# Friendly Divorce Guidebook

---

What the World Needs Now

## **Chapter 4 – How to Keep Your Divorce Friendly – The Eleventh Commandment**

Never, Ever Fight Back

The Three Major Things

A Little Change Might Do You Good

Silent Might

Never Put Your Mouth Where Your Money Is

## **SECTION III – How You Will Get Through Your Divorce in One Peace**

### **Chapter 5 – Shake Hands and Come out Negotiating**

Let's Make a Deal

Irritable Spouse Syndrome

Define a "Reasonable" Spouse

Does It Really Take Two to Tangle?

Don't Cut Off Your Nose to Spite Your Face

### **Chapter 6 – The Courthouse Door**

If You Build It, They Will Calm

Make up Your Own House Rules

Take the Pulse

### **Chapter 7 – The Blinding Power of Perspectives**

Who Gets a Raw Deal, Men or Women?

Why Should I Care What My Spouse Thinks?

Are There Really Two Sides to Every Story?

The Boulder

Getting Around the Boulder

---

<http://www.FriendlyDivorceGuidebook.com>

## Friendly Divorce Guidebook

---

Heart & Soul

### **Chapter 8 – Emotions – Disturbing the Peace**

Jack of All Tirades  
Blamer v. Blamer  
Cat Should Get Your Tongue  
The Six Miracle Words  
Minimum Rage  
Post-Romantic Stress Syndrome  
Full Court Stress  
The Weary Traveler  
Peace by Peace  
The Peace Academy

### **Chapter 9 – Language & Listening – Now Ear This**

As the Word Turns  
Non-Friction Diction  
He Said, She Said  
The Speakers of the House – Getting Your Spouse to Open Up  
He Hears Me, She Hears Me Not  
I'm All Ears  
Knock Three Times  
Friendly Persuasion  
Hear-Say  
An Ear for an Ear  
Hearing Aids

### **Chapter 10 – The Obstacle Course – Nine Invisible Hurdles & How to Jump Them**

One Spouse Wants a Divorce, One Doesn't  
Take this Deal and Love It  
You Won't Find Feelings on a Spreadsheet

---

<http://www.FriendlyDivorceGuidebook.com>

## Friendly Divorce Guidebook

---

You Started It  
Divorce Papers are Scary  
You Can't Spend a Pound of Flesh  
Incoming, Incoming!  
*Cogito Ergo Sue 'em*  
Trust or Consequences

### **Chapter 11 – What to Do When – Eleven Specific Situations & Curveballs**

1. Who Should Make the First Offer?
2. When Your Spouse Pushes for a Ballpark Number
3. Leave Hagglng to the Hagglers
4. Does the First One to Speak Always Lose?
5. Or Else What? When Your Spouse Gives an Ultimatum
6. When Your Spouse Pushes for an Answer
7. Is That a Threat?
8. When Your Spouse Heads for the Door
9. Speaking to the Devil – Negotiation Bullies
10. Negotiating Via E-mail and Telephone
11. Your Lawyer's Place or Mine?

### **Chapter 12 – Where Do I Sign?**

The Golden Bridge  
True Concessions  
Nibbling  
No One Likes a Lousy Winner

### **CONCLUSION – Your Divorce Masterpeace**

You Didn't Really Want Blood, Did You?  
Goodbye Divorce Wars...Hello, Dotted Line